

Bulent Turan, M.A.

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Work Experience:

9/1994-present Institute for Behavioral Studies, Istanbul, Turkey

Work as a psychotherapist, researcher, trainer, and Feldenkrais teacher. Conduct individual psychotherapy with adults and children on varied issues, especially anxiety disorders. Recent research projects included a series of studies on psychosocial factors (attachment and coping) related to diabetes. Offered trainings for the Turkish Psychological Association on attachment theory and therapy, anxiety disorders and their treatment, and psychotherapy and communication.

9/1998-present Mimar Sinan University, Istanbul, Turkey

Teach Awareness Through Movement (Feldenkrais Method) courses to modern dance and ballet students.

9/1996 - 6/1998 Istanbul University, Department of Psychology, Istanbul, Turkey

Taught graduate courses on psychotherapy techniques involving the use of imagery and therapist-client communication.

8/1986 - 8/1992 Institute for Behavioral Studies, Istanbul, Turkey

Worked as a research assistant on various projects including the development and testing of the Turkish versions of different personality inventories.

Education:

9/2002 Stanford University, Palo Alto, CA
Ph.D. student in the Department of Psychology

- 1/1993-9/1994 Loyola College in Maryland, Baltimore, MD**
M.A. in Clinical Psychology
- 9/1980-6/1984 Bogazici University, Istanbul, Turkey**
Bachelor of Science in Mechanical Engineering with Honors
- 9/1981-6/1982 Northwestern University, Evanston, IL**
Sophomore year, Mechanical Engineering

Languages: Fluent in English, Turkish, German

Publications and Presentations:

- Turan, B., Osar, Z., Turan, J. M., Damci, T. & Ilkova, H. (in press). Dismissing attachment and outcome in diabetes: The mediating role of coping. Journal of Social and Clinical Psychology.
- Turan, B., Osar, Z., Turan, J. M., Damci, T. & Ilkova, H. (in press). The role of coping with disease in adherence to treatment regimen and disease control in type 1 and insulin treated type 2 diabetes mellitus. Diabetes & Metabolism.
- Turan, B., Osar, Z., Turan, J. M., Damci, T. & Ilkova, H. (2001). The effect of coping on glycemic control, complications, and self care in type 1 and type 2 diabetics. Diabetologia (Abstr), 44, 992.
- Turan, B., Osar, Z., Turan, J. M., Damci, T. & Ilkova, H. (2002). Does coping with diabetes have an effect on adherence to treatment regimen and disease control in type 1 and insulin treated type 2 diabetic patients? Paper to be presented at the 62nd Annual Meeting of the American Diabetes Association, San Fransisco, CA.
- Turan, B., Osar, Z., Turan, J. M., Damci, T. & Ilkova, H. (2002). The relationship of personality to adjustment to disease and self-care in type 1 diabetes mellitus: The mediating role of coping. Paper to be presented at the 62nd Annual Meeting of the American Diabetes Association, San Fransisco, CA.
- Turan, B., & Stemberger, R. M. T. (2000). The effectiveness of matching language to enhance perceived empathy. Communication & Cognition, 33, 287-300.
- Turan, B. (1997). Tools for the integration of the Feldenkrais Method into everyday life: A Phobia case study. The Feldenkrais Journal, 12, 9-13.

International Training Programs Completed Include:

- Adult Attachment Interview, Coding and Classification, New York Institute, 2001, Main and Hesse
- Eye Movement Desensitization and Reprocessing (EMDR) Level I, EMDR Institute, Pacific Grove, CA
- EMDR Level II, EMDR Institute, Pacific Grove, CA
- Neuro-linguistic Programming, New York Training Institute for NLP
- Ericksonian Hypnotherapy, Mental Research Institute, Palo Alto, CA
- Brief Therapy, Mental Research Institute, Palo Alto, CA
- Gestalt Therapy (two week workshop), Gestalt Education Network International, Germany
- Professional Teacher's Training in the Feldenkrais Method, Institute for the Study of Somatic Education, San Francisco, CA