# July 12 – July 21, 2010 Anna Freud Centre 12 Maresfield Gardens London, NW3 5SD

# Classification of Infant-Parent Attachment in the Strange Situation

A training seminar hosted by the Anna Freud Centre

Trainer:

Judith Solomon, Ph.D.

This 10-day seminar provides participants with training in the use of Ainsworth's system of attachment classification and interactive rating and Main and Solomon's classification and rating system for the insecure-disorganized group. This approach to assessing patterns of attachment is the "gold standard" for research in the area of early attachment. The first half of training will focus on the A, B, and C categories; the remainder on disorganization and review. The training will include lecture and demonstration and requires substantial time and effort outside of the classroom context over the course of the 10 day workshop. By the conclusion of training, participants are expected to be ready to take the reliability test that is available, separately, through the Institute of Child Development at the University of Minnesota.

This is a rare opportunity to take this training in Europe. Places are limited and will be offered on a first come, first served basis to eligible participants.

# The Trainer

The trainer, **Judith Solomon, Ph.D.,** has presented numerous training workshops, seminars, and lectures at the local, national, and international levels. She is a licensed clinical psychologist and infant mental health specialist at Bridgeport Hospital, Bridgeport, Connecticut. Dr. Solomon specializes in integrating caregiving and attachment in research and infant mental health psychotherapy, the use of research instruments in assessment and treatment planning, and training and supervision of infant mental health clinicians. Her publications include attachment theory's first seminal volume on attachment disorganization, *Attachment Disorganization*, (1999, *Guilford Press; 2007* Edizione italiana a cura di Donatella Cavanna), *Disorganized Attachment and Caregiving (in preparation, Guilford Press)*, research papers on infants and

divorce, and representational models of attachment and caregiving, as well as the pioneering research establishing the disorganized infant and child attachment category. She is a member of the Society for Research in Child Development, the American Psychological Association, and Zero to Three.

# **Training Eligibility**

Graduate students and developmental and clinical researchers and faculty are eligible to participate in the workshop. Other interested students and professionals may request admission directly from the workshop presenter. It is assumed that participants have adequate background in attachment theory. A reading list will be provided before the workshop. No previous experience in attachment assessment is required.

Registration is limited to 15 participants and is on a first come, first serve basis. Graduate students must provide proof (pdf copy) of graduate student enrollment as of April 1, 2010

<u>Application Procedure</u>: Those interested in participating should submit an email request directly to Dr. Judith Solomon (juasolomon@gmail.com). Please provide your name, your institutional position and affiliation, and the reason for your interest in the training workshop. Preliminary acceptance will be provided thereafter but is not complete until registration fees are received. Details about the training schedule and materials will be provided after registration is complete.

<u>Registration Fees</u>: Fees cover the costs of the workshop and all materials pertaining to the workshop (e.g., training manual). Details about how to make payment will be made available with notice of preliminary acceptance.

**Registration fee**: The registration fee includes the 10 day training seminar and all materials. Participants who complete the training will receive training certificates. After the conclusion of training, video and related materials for reliability certification may be requested through the Institute of Child Development, University of Minnesota. Further details about this process will be made available during the workshop.

# Prior to May 21, 2010:

• \$1,350.00

# After May 21, 2010

• \$1,500.00

Deposit is 100% refundable through June 1, 2010. Trainees who withdraw after June 1<sup>st</sup> will forfeit 50% of their deposit. Deposits will not be returned after July 1, 2010. **Registration is not complete until all fees have been received.** 

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<u>Training at the Anna Freud Centre</u>: The training seminar will be held at the Anna Freud Centre, in north-west London. Participants will need to arrange their own accommodation. There are a number of hotels within walking distance of the centre (see attached directions and list of hotels). The centre is also easily accessible from other parts of London by underground or bus.

For more information about the Anna Freud Centre, see <a href="http://www.annafreud.org">http://www.annafreud.org</a>

For any queries relating to your visit to the Anna Freud Centre, email Sam Taylor at <u>Samantha.Taylor@annafreud.org</u> or call reception on (+44) 20 7794 2313.

Travel and Lodging information below.

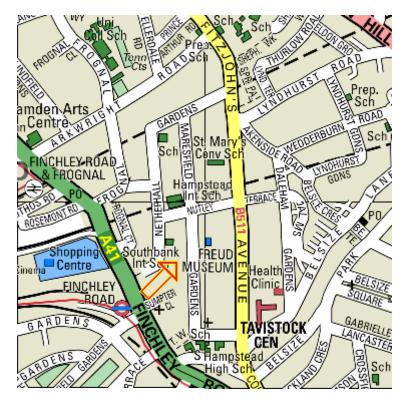


#### **Directions to The Anna Freud Centre**

#### By Public Transport

The best way to get to the Centre is by public transport. There is limited pay and display or permit parking. If you take the tube the nearest station is Finchley Road which is on the Jubilee and Metropolitan Lines. The Centre is 5 minutes walk from the tube. When you come out of the station you need to turn right and head towards a bright yellow shop called Snappy Snaps (walk past Waitrose), follow the signs to the Freud Museum.

Once you're outside Snappy Snaps cross at the traffic lights (over Finchley Road) and go up the alleyway, Trinity Walk, which is next to Natwest Bank. The alleyway will lead you to Maresfield Gardens. At the top of Trinity Walk turn left: 12 Maresfield Gardens is about 30 metres up Maresfield Gardens. (About 10 metres before the Freud Museum).



Buses: No.46 – stops on Fitzjohn's Avenue No.13, 82 & 113 stop on Finchley Road.

By Car

Parking: Limited Pay & Display parking is available at the south end of Maresfield Gardens and Nutley Terrace.

Tube: Finchley Road – Jubilee & Metropolitan Lines Swiss Cottage – Jubilee Line Hampstead – Northern Line Belsize Park – Northern Line

> The Anna Freud Centre, 12, 14, 21 Maresfield Gardens, London, NW3 5SD. Tel: 020 7794 2313 Fax: 020 7794 6506



# Hotel Accommodation Near The Anna Freud Centre

## Express By Holiday Inn, Swiss Cottage

152-156 Finchley Road London NW3 5HS Reservations: 0870 400 9093 Front Desk: +44 (0)20 7433 6666 Email: <u>reservations@expressbyholidayinnsc.com</u> Web: <u>www.hiexpress.co.uk</u> 5 minute walk from AFC Underground: Finchley Road

### The Langorf

20 Frognal Hampstead London NW3 6AG Tel: +44 (0)20 7794 4483 Email: <u>info@langorfhotel.com</u> Web: <u>www.langorfhotel.com</u> 10 minutes walk from AFC Underground: Finchley Road

#### Swiss Cottage Hotel

4 Adamson Road Swiss Cottage London NW3 3HP Tel: +44 (0)20 7722 2281 Email: Web: <u>www.swisscottagehotel.co.uk</u> Email: <u>reservations@swisscottagehotel.co.uk</u> 10 minutes walk from AFC Underground: Swiss Cottage

#### London Marriott Hotel Regents Park

128 King Henry's Road London NW3 3ST Tel: +44 (0)20 7722 7711 Reservations: UK: 0800 221 222 USA & Canada: 800 228 9290 Web: <u>www.marriotthotels.com/lonrp</u> 20 mins walk from AFC Underground: Swiss Cottage